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August 30, 2010

Grants Administrator
UniHealth Foundation
800 Wilshire Blvd., Suite 1300
Los Angeles, CA 90017

Via E-mail

Dear Grants Administrator,

This letter expresses New Directions' interest in submitting a formal proposal for grant support from the UniHealth Foundation in the amount of \$250,000 for a pilot project to better integrate mental health services with existing substance abuse treatment services to a population of younger veterans in residence at our New Directions North facility, to document how people with major stresses due to war are able to reintegrate, and to contribute to a growing body of best practices for working with younger veterans. Changes in the nature of warfare, combined with repeated deployments and the emergence of Traumatic Brain Injury (TBI) as a hallmark of these wars, are impacting our veterans, their families, and the community at large in unforeseen and unprecedented ways. Currently all of our male OEF/OIF veterans are treated at New Directions North; this population is doubling annually.

Comprised of men under age 45, all of whom are diagnosed with the Co-Occurring Disorders (COD) of substance abuse and mental illness, our proposed pilot program will encompass virtually all of the veterans our agency sees who have served in Afghanistan, Iraq, or both. In calendar year 2010 to date, one-third of our New Directions North program participants have ranged in age from 22 through 44. These younger veterans present a different set of issues; typically they have not been chronically homeless, and the pressure of multiple deployments has left many of them with severe depression and/or Post Traumatic Stress Disorder, in addition to Traumatic Brain Injury (TBI). Substance abuse is often secondary to their mental health issues.

New Directions today is a state-of-the-art residential rehabilitation center for veterans who are homeless in Los Angeles County and suffering from substance abuse with co-occurring mental illness. Since its opening in 1992, New Directions has partnered with the Veterans Affairs (V.A.) Greater Los Angeles Healthcare System and was among the first agencies to serve as a Grant Per Diem partner of the V.A., providing drug and alcohol treatment services and transitional housing to homeless veterans – along with a comprehensive array of other services including job training and housing placement services. It should be noted that Los Angeles has the largest number of homeless veterans in the United States, currently estimated at about 15,000; and not surprisingly, the Veteran Affairs (V.A.) Greater Los Angeles Healthcare System accommodates the largest number of veterans seeking care of any V.A. hospital in the nation. **The ultimate aim of the New Directions program is to empower veterans and facilitate their successful return to society as productive, self-reliant members of the community – clean, sober, mentally and financially stable, and with permanent housing.**

In 2002, the V.A. asked New Directions, Inc. to establish a new treatment program to better serve the growing number of homeless veterans seeking V.A. services who were diagnosed with the Co-Occurring Disorders (COD) of substance abuse and mental illness. The innovative partnership of New Directions, a private non-profit agency that has been successfully providing comprehensive services to the homeless veteran population for the past 18 years, and the Greater Los Angeles Healthcare System – the largest, most complex V.A. healthcare system nationwide, affiliated with both UCLA and USC Schools of Medicine, with extensive psychiatric services and psychopharmacology research – enables clients to reap the expert services of both agencies. Today, virtually every veteran in New Directions' programs – not just at V.A. Bldg. 257 – has a co-occurring disorder (COD).

We hope that this pilot project may be of special interest to the UniHealth Foundation because it is based in facilities and uses a model of service that UniHealth took the lead in making possible eight years ago.

Meeting changing needs requires increased funding

Today New Directions North has expanded to 50 beds and operates at capacity. The cost of services New Directions provides far exceeds what we receive through the VA's Grant Per Diem Program (GPD), New Directions' single largest source of support. New Directions North operates on an annual budget of \$1.4 million, or \$28,000 per program participant; the VA provides a Per Diem that has just increased to \$35.84 per day for each veteran in our care. At slightly more than \$13,000 annually for each veteran's care, the V.A. contributes less than half the cost of treatment.

New Directions meets the gap of \$15,000 per veteran per year through a combination of public and private funding. The largest support to date has come through research grants awarded by the U.S. Department of Health and Human Services' Substance Abuse and Mental Health Services Agency, known as SAMHSA.

New Directions has been commended for its successful implementation at New Directions North of the Evidence Based Practice known as the Therapeutic Community for Persons with Co-Occurring Disorders (TC) model of Best Practices.

We are now in the fourth and penultimate year of a SAMHSA supported employment grant which has also been cited for its excellence by SAMHSA reviewers. SAMHSA reports are posted on our website (www.ndvets.org) under the Press and Endorsements heading. We believe that our model is at the cutting edge of treatment services available nationally we are pleased to be able to contribute to the body of knowledge regarding best practices.

Advocating for public policy change to support sustainable treatment programs

In partnership with the National Coalition for Homeless Veterans and our colleagues in the California Association of Veteran Service Agencies (CAVSA), New Directions is working to educate the general public and policy makers about the vital importance of legislation that will fully underwrite the cost of care for our veterans. Legislation introduced several years ago will do just that, and today, with homeless and returning veterans' issues at the forefront, that legislation is being acted upon.

Two bills are currently pending in the U.S. Senate: *H.R. 4810, End Veteran Homelessness Act of 2010*, sponsored by Congressman Bob Filner, was passed by the House on March 22, 2010 and referred to the Senate Veterans Affairs Committee the next day. *H.R. 4810* eliminates the V.A.'s Grant Per Diem program and would instead reimburse grantees for the annual cost of services. *S. 1237, Homeless Veterans and Other Veterans Health Care Authorities Act of 2010*, sponsored by Senator Patty Murray, was reported favorably with amendments by the Senate Veterans Affairs Committee on April 29, 2010 and placed on the Senate Legislative Calendar the same day under General Orders.

With support from the UniHealth Foundation, our pilot program for younger veterans at New Directions North will enable us to continue our services and track and report on clinical outcomes among this younger veteran cohort; we anticipate that we will see at least 50 in this age group over a one-year period. Efforts will include immediate detoxification, initial bio-psycho-social assessment, medication & crisis stabilization, with benefits consultation and basic medical services coordination for this same group. Longer-term treatment will include (3-6 months) substance abuse rehabilitation and psychotropic stabilization, symptom and medical management, remedial education, and legal services (as needed), augmented by our usual efforts to provide vocational training, and appropriate educational or job placement services for those who are ready to take that next step toward reintegration.

A copy of our IRS 501 (c) (3) tax exempt designation letter is enclosed. Please feel free to contact Cindy Young, Director of Development, if we may answer specific questions. We appreciate your consideration and look forward to hearing from you.

Very sincerely,



Toni Reinis
Executive Director

Enclosure (IRS 501 (c) (3) designation letter)

Proposal Summary:

The New Directions, Inc. **New Generations Program** will encompass virtually all of the younger veterans our agency treats, many of whom have served in Afghanistan, Iraq, or both. This Pilot Program will create a model which better integrates mental health services with existing substance abuse treatment services to a population of Post-Vietnam era veterans, age 45 or younger, in residence at our facilities. All of these veterans suffer from both mental/emotional disorders and substance abuse. The pressure of multiple deployments has left many veterans with a unique combination of issues, such as severe depression, Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI) along with substance abuse. Our model program will contribute to a growing body of best practices to better prepare those working with younger veterans, a **population which is doubling annually** with the influx of those returning from Iraq and Afghanistan.

Agency Information: History, Mission and Expertise

Since 1992, New Directions, Inc. (NDI) has been helping veterans address the challenges of life after military service. Guided by our mission “**to empower veterans and facilitate their successful return to families and society,**” NDI helps homeless veterans and veterans at risk for homelessness in the Los Angeles area to transform their lives.

NDI was founded in 1989 by three formerly homeless Vietnam veterans, after a Veterans Affairs (V.A.) drug rehabilitation program which had helped all three men piece their own lives together had closed due to budget cuts. In 1991, one of the three original veterans, John Keaveney, met Toni Reinis, then a key figure with the Southern California branch of the California Homeless and Housing Coalition. An advocate for homeless persons for nearly a decade, Toni became New Directions' Executive Director, a position she still holds.

Initially operating out of a five bedroom facility housing only a handful of veterans, NDI now operates five separate facilities in Los Angeles, where hundreds of veterans are helped each year to recover from drugs and alcohol, receive appropriate mental health care, improve their education and vocational skills, find employment or obtain benefits income, reunite with their families, and find permanent housing.

Current Programs and Activities:

Fewer than 8% of all Americans are veterans but veterans make up more than 25% of all homeless Americans.

New Directions, Inc. provides a broad spectrum of mental health and substance abuse treatment and services for homeless veterans and veterans at risk for homelessness. Through services guided by best practices, we assist our clients to overcome their psychological and economic challenges and achieve long-term solutions. The number of veteran alumni who have come through our program and continue to lead successful lives as employed, contributing members of society—reunited with family and loved ones—grows each year. We are serving some 600 veterans per year out of six facilities in Los Angeles County, including:

- **Regional Opportunity Center**, a 156-bed facility which is dedicated to homeless male veterans. Our 24-hour emergency shelter, which includes a 24-bed Assessment/ Detoxification Center, is the **only place of its kind for veterans in Los Angeles**.
- **New Directions North**: a 50-bed facility dedicated to male veterans with **severe** co-occurring disorders of mental illness and substance abuse.
- **Women's Program**, operates in two community-based transitional homes where we serve 17 women at a time. Our program was the **first in the country** to offer housing and services specifically dedicated to the unique needs of female veterans. Women now comprise 20% of the active duty military.
- **Chris' Place/ Operation Welcome Home** operates in a community-based transitional home, and provides residential and supportive services specifically for younger veterans of the wars in Iraq and Afghanistan. Chris' Place houses 6 male veterans at a time.
- **Veterans Support Center**: A walk-in center in Pacoima offers veterans of the San Fernando Valley access to non-residential support services, including counseling, case management, and referral information.

The services provided at our residential facilities include:

- case management
- remedial education
- employment services including vocational training and job placement assistance
- addiction recovery
- remedial education
- mental health services including individual and group counseling
- transition assistance
- family reunification assistance
- legal assistance
- prevention of chronic homelessness
- permanent housing placement

Our services have been proven to be more cost-effective and more integrated than those provided by the V.A. We provide one-stop treatment for clinical and substance abuse treatment and strive to be at the forefront of developing and implementing programs and services to benefit our nation's veterans who are at-risk for homelessness.

Accomplishments:

New Directions, Inc. has received numerous awards and accolades for its work. NDI has been identified by the Urban Institute and the Department of Housing and Urban Development as a successful community approach to assisting homeless persons through our partnership with the Greater Los Angeles Veterans Affairs Healthcare System. Through an Act of Congress specific to Building 116 at the West Los Angeles V.A. campus—the home of our Regional Opportunity Center—NDI was the first non-profit to enter a long-term lease with the U.S. Department of Veterans Affairs for a long-vacant building. This precedent was groundbreaking. Today some 90 formerly empty federal

structures provide temporary and transitional housing to more than 1.5 million homeless individuals each year nationwide. (Summary from GAO report of September 2008.)

NDI has also received a Sustainable Quality Award by the Santa Monica Chamber of Commerce and the City of Santa Monica, and citations from a number of local and state officials in recognition of its work on behalf of veterans. In addition, we were recently singled out by Co-occurring and Homeless Activities Branch of the U.S. Department of Health and Human Services “because your organization has engaged in best practices and CHAB would like to use your story to inspire other grantees.”

A demographic description of the constituency we serve:

It should be noted that **Los Angeles has the largest number of homeless veterans in the United States**, currently estimated at about 15,000. Not surprisingly, the Veterans Affairs Greater Los Angeles Healthcare System accommodates the largest number of veterans seeking care of any V.A. healthcare system in the nation. Following is a demographic breakdown of clients served by NDI in 2009:

Age	
18-30	22
31-50	205
51-61	204
62+	31
Ethnicity	
Hispanic/Latino	41
Non-Hispanic/Non-Latino	421
Race	
American Indian/Alaskan Native	2
Asian	7
Black	260
Other-Multiracial	20
White	173
Gender	
Male	411
Female	51
Homeless	
Chronically	100%
Non-chronically	332 or 71%
	130

Veterans come to us through many doors: The V.A., Veterans’ Court, local jails, the state Employment Development Department, The Department of Mental Health, US Vets and others.

** According to HUD chronically homeless is defined as an unaccompanied homeless individual with a disabling condition who has either been continuously homeless for a year OR has had at least four episodes of homelessness in the past three years years. To be considered chronically homeless a person must have been on the streets or in an emergency shelter (i.e. not transitional housing) during these stays.*

The Program for which funding is being requested:

New Directions, Inc. is requesting support from the UniHealth Foundation in the amount of \$250,000 for one year for our New Generations Program. The aim of this **pilot program** serving a population of younger veterans in residence at our facilities, is to better integrate mental health services with substance abuse treatment services, to document how people with major stresses due to military service are able to reintegrate, and to contribute to a growing body of best practices for working with younger veterans.

Comprised of veterans under age 45, all of whom are diagnosed with the co-occurring Disorders (COD) of substance abuse and mental illness, our proposed pilot program will encompass virtually all of the veterans our agency treats who have served in Afghanistan, Iraq, or both. In calendar year 2010 to date, 25% of our program participants have ranged in age from 22 through 45.

There are a number of factors which differentiate the younger veterans. They have more current skills, such as computer literacy. They enlisted when they were young and are still young upon discharge. They have more recent combat experience and multiple deployments. Many were misdiagnosed while in the military. They become homeless faster. Children and family are an issue they deal with. In some cases they lack a safety net, as they entered while they were young and have no established situation upon return. There is a higher suicide rate. They include veterans from the National Guard and Reserves. They don't relate well to the issues of the older veterans.

The Specific Health-related Needs Being Met by This Program:

*One of the things we have long known about warfare is that the trouble follows the troops home. [An article] by Aaron Glantz, a reporter with The Bay Citizen news organization in San Francisco, focused on the extraordinary surge of fatalities among Afghanistan and Iraq veterans. These young people died, wrote Mr. Glantz, "not just as a result of suicide, but also of vehicle accidents, motorcycle crashes, drug overdoses or other causes after being discharged from the military." An analysis of official death certificates showed that, from 2005 through 2008, more than 1,000 California veterans under the age of 35 had died. That's three times the number of service members from California who were killed in Afghanistan and Iraq during the same period. **Bob Herbert, New York Times***

Younger veterans present a unique set of issues. Typically, they have not been chronically homeless. Their length of stay in our program has been generally shorter than that of the older veteran. Substance abuse is often secondary to their mental health issues. For those who have been in combat, changes in the nature of warfare combined with the pressure of multiple deployments have left many with severe depression and/or Post Traumatic Stress Disorder. In addition, the emergence of Traumatic Brain Injury (TBI) as a hallmark of these wars, is impacting our veterans, their families, and the community at large in unforeseen and unprecedented ways.

According to a recent RAND Corporation study, more than 300,000 veterans who served in Iraq and/or Afghanistan now suffer from Post-Traumatic Stress Disorder or major depression.

How The Need Was Assessed:

Through regular Town Hall meetings with our veterans, key staff has observed that younger veterans continue to note that they would like services designed to meet the needs of younger, returning veterans. In addition, our staff has held numerous focus groups with returning veterans from Iraq and Afghanistan, during which time they expressed the need to have services designed specifically for them. This was how the design and implementation for their program Chris' Place began (New Directions' 6-bed facility specifically for Iraq and Afghanistan veterans who have reached the 2nd phase in their treatment program). Through these Town Halls, focus groups and in various coalition meetings with others who serve the veteran population, we have learned about the gap in services serving those who do not meet the definition of "chronically homeless". Those younger veterans are not currently being adequately served in our programs and often are the ones slipping through the cracks in the VA system. With the influx of younger veterans from more current wars, we no longer see Vietnam veterans as the majority of our participants, and this represents an opportunity to tailor our own services toward the growing present and future need.

Evidence of the Importance of this Program:

We were first to treat **Dually Diagnosed Veterans at the behest of the V.A.** As noted previously, more and more veterans will be returning from the conflicts in Iraq and Afghanistan in the upcoming months and years. In order to best meet their need, NDI needs to be armed to provide services to this population. With the goal of preventing additional chronically homeless individuals, providing services while they are young and before they have reached their "bottom" is imperative. As requested by the V.A. nine years ago, NDI began the first program for veterans with co-occurring disorders in the nation. We would like to continue to engage in new and creative ventures to continue to find solutions to veterans' homelessness, drug addiction and mental health problems. Through this program we want to help our younger veterans escape the cycle of chronic homelessness and the attendant mental health and substance abuse problems that we continue to see in older, Vietnam-era veterans.

What Our Program Will Accomplish:

NDI will provide appropriate and effective treatment services to homeless veterans who are 45 years and younger. The treatment model is called Trauma Informed Care, which represents a paradigm shift in mental health care for victims of trauma. In effect, this means we provide services in a manner that is welcoming and appropriate to the special needs of trauma survivors. This allows for a holistic and integrated treatment planning, based on understanding the role that violence plays in the lives of those in need of mental health and substance abuse services while encouraging the participant's participation in their own treatment.

Our services will provide the veteran with drug and alcohol treatment and rehabilitation, mental health therapy, life skills, employment support and aftercare in an effort to help them return to living in housing, staying clean and sober and reuniting with their families.

Through this project, we expect to have the younger veterans receive the specialized services that they need in a culturally appropriate manner, experiencing their treatment with others of a similar age and veteran experience – those who have served in Iraq and Afghanistan will be able to receive specialized treatment with others from the same conflicts. Those 45 yrs. and younger will be able to share life experiences with others of the same age group. This unity will allow our participants to feel comfortable and included, allowing them the opportunity to receive the treatment that they require.

Progress will be tracked through psycho-diagnostic testing, focus groups and Life Status questionnaires. NDI residents receive a battery of psycho-diagnostic testing at entry into our program to determine their psychological needs. These tests may include the Minnesota Multiphasic Personality Assessment (MMPI-II), Wechsler Adult Intelligence Scale (WAIS-IV), Beck Depression Inventory-2 (BDI-2), and Rotter's Incomplete Sentence Blank (RISB). Each of these psycho-diagnostic tests has been studied and proven to be effective in providing a more accurate impression and understanding each participant's specific needs. In order to better serve participants, understanding his/her diagnosis is the first step towards effective treatment. The goal is to implement additional testing in order to broaden the range of diagnostic tools used in order to better assess participants.

The Key Activities Of Our Program Include:

- Drug and alcohol detoxification
- Drug and alcohol treatment by certified case management staff
- Mental Health treatment (both group and individual) by clinical staff
- Medication management and support for both medical and mental health issues
- Psycho-educational groups and activities (such as Anger Management, Life Skills, Grief and Loss)
- Legal and Tax support
- Adult Basic Education
- Vocational assessment, training and placement
- Aftercare support and case management
- Family reunification
- Housing support

Evidence Supporting the Efficacy of the Proposed Intervention:

A research team of BBRI (Brentwood Biomedical Research Institute) conducted a research study of our original program for veterans with co-occurring disorders and found that the NDI program had outstanding results. Examples of the results include:

- At the twelve month assessment, most residents were no longer homeless;
At the twelve month assessment, about one third of residents had obtained a job at some point during the study; though they still are not as symptom-free as the general population, respondents report significant improvements in their mental health symptoms and functioning at the twelve-month follow-up as compared to baseline;

- Residents improved their health over time, but are in poorer overall health than the general population, with higher reports of pain, and lower health and functioning scores; and
- Respondents reported alcohol and drug consumption decreased significantly at the twelve-month follow-up, as compared with the baseline.

Implementation Timetable:

Our program will commence upon award and continue for one year (12 months).

Potential obstacles to success:

Virtually all of the veterans to be served by the New Generations Program suffer from co-occurring disorders. They have all agreed to receive help through the NDI program. Many veterans with COD are not ready to receive help or treatment and NDI cannot provide services to one who is not interested. In addition, NDI cannot provide services to a veteran who has a Less-than-Honorable or Dishonorable discharge or who has been convicted of a sexual felony or arson. All veterans who enter the program must meet a minimum level of function (e.g. the ability to participate in routine house functions, absorb classroom material, follow basic hygiene needs, etc.) to allow them to participate in program activities. Other obstacles to success include:

- a. Relapse
- b. Noncompliance with prescribed medications
- c. Noncompliance with program policies and procedures
- d. Unwillingness to make changes and work on oneself

Collaboration:

We collaborate with a variety of agencies that provide Mental Health, Employment services, Job Training, Housing and other necessary services. The key agencies with which we will be collaborating for this program include:

- AA/CA/NA/NicA (for self-help groups in the community)
- Greater West Los Angeles V.A. Medical Center (for medical and psychiatric care)
- Chrysalis (for job search services and temporary employment)
- Coalition of Iraq and Afghanistan Veterans – CIAV (for referrals and support for our Iraq and Afghanistan veterans)
- Homeless Health Care Los Angeles (for staff training)
- LA Unified School District (for Adult Basic Education)
- Santa Monica College (for computer classes)
- Shelter Partnership (for donated hygiene supplies)
- St. Joseph Center (for culinary arts job training)
- USC School of Social Work: Military Social Work and Veteran Services Program (for MSW interns to provide therapy)
- Pepperdine and Antioch Universities (for MFT interns to provide therapy)
- Working Wardrobes (for employment clothing)

Our Measurable Objectives, Key Activities and Evaluation Indicators are as follows:

<i>Measurable Objectives (What)</i>	<i>Key Activities (How)</i>	<i>Evaluation Indicators (benchmarks for success)</i>	<i>Implementation Timeline</i>
Increase short-term sobriety of <u>100</u> Veterans age 45 and under	-Detoxification -Bio-psycho-social Assessment -Medication and crisis stabilization -Basic medical service coordination	Number of Veterans who complete Detoxification and enter program	Upon Award
Increase long-term sobriety of <u>50</u> Veterans age 45 and under	-Case Management -Substance abuse rehabilitation including weekly 12-Step meetings	Number of Veterans who remain in the program for at least 6 months	Upon Award
Increase mental stability of <u>50</u> Veterans age 45 and under	-Psychotropic stabilization -Symptom and medication management -Psycho-education groups -Family Reunification (as appropriate)	Number of Veterans who remain in the program for at least 6 months	Upon Award
Increase financial stability of <u>35</u> Veterans age 45 and under	-Adult Basic Education -Benefits consultation and referral -Legal services -Tax services -Vocational Assessments and training -Job placement and retention services	Number of Veterans who maintain or increase income by program exit	Upon Award
Increase residential stability of <u>30</u> Veterans age 45 and under	-Housing referral and placement services -Aftercare support	Number of Veterans who transition to permanent housing by program exit	Upon Award

Determining the Accomplishment of Our Objective:

As the chart above outlines, we will consider that our objective has been reached when, of the 100 veterans in our program, 35 or more have increased their financial stability and 30 have transitioned into permanent housing upon completion of the program.

Key Staff:

Executive Director and Founder **Toni Reinis** provides both vision and leadership for New Directions. Toni is responsible for providing a comprehensive recovery program, addressing all the issues that plague many of our homeless veterans today, providing a holistic approach to rehabilitation, remedial education, job training, job placement and retention. In addition she directs and implements the strategic plan, working closely in supervising and training staff, developing and balancing the budget and providing accountability, policies and procedures for the organization.

Associate Director **Rachel Feldstein** joined NDI in 2004 as Program Director. After working with impoverished communities in Peace Corps service, Rachel became immersed in the social service community of the west side of Los Angeles, and worked with several different agencies to help people move out of the cycle of homelessness. With a background in both psychology and non-profit management, Rachel oversees the daily operations of all of New Directions' programs.

John Berardino first came to NDI as a clinical intern in 2007, then became a Staff Clinician in 2008 after obtaining his M.A. in Psychology from Pepperdine University. John provides therapeutic services and case management and is responsible for doing assessments at all of our facilities.

Ed Gonzalez joined NDI in 2008 as Program Supervisor after working for many years as a community organizer and affordable housing specialist. He has a B.S. in Business Management from the University of Phoenix. Ed supervises the Operation Welcome Home program at Chris's Place.

A U.S. Air Force veteran, **Renee Banton** is Program Supervisor. She holds a B.A. from the University of New Hampshire and an M.S. in Clinical Psychology from Antioch University. She has experience in accounting, plus project coordination and supervision. Renee supervises our women's programs. *(See her story in the enclosed newsletter)*

U.S. Navy Veteran, **Gary Meraz** has been with New Directions since 2001. He worked for nearly three years as a Detox Coordinator before his current position as Program Supervisor at the NDI North facility.

NOTE: We are not anticipating the need for any new staff for this program, and we are not anticipating a need for consultants.

Key volunteers:

- Clinical Interns (MFT and MSW) from the University of Southern California, Pepperdine and Antioch Universities conduct both individual and group therapy sessions
- Executive Service Corps volunteers help us with strategic planning and development planning in support of our programs

Budget for New Directions, Inc. New Generations Program Pilot				
Term: One Year				
Personnel		Other Secured Funding	Requested from UHF	Total
	Service Coordinator FT/NE	\$ -	\$ 25,646	\$ 25,646
	Service Coordinator PT/NE	\$ -	\$ 15,600	\$ 15,600
	Service Coordinator FT/NE	\$ -	\$ 24,960	\$ 24,960
	Clinician FTE @ 20%	\$ 48,000	\$ 12,000	\$ 60,000
	Clinician FTE @ 78%	\$ 11,500	\$ 39,998	\$ 51,498
	Program Supervisor FTE @ 83%	\$ 8,278	\$ 38,998	\$ 47,276
Total Salaries and Wages		\$ 67,778	\$ 157,202	\$ 224,980
Payroll Taxes and Benefits 23%		\$ 15,589	\$ 36,156	\$ 51,745
Other Expenses				
	Food @21%	\$ 68,061	\$ 18,939	\$ 87,000
	Supplies, clothes, materials @ 19%	\$ 35,119	\$ 8,523	\$ 43,642
	Telecommunication % 19%	\$ 3,349	\$ 837	\$ 4,186
	Insurance @ 20%	\$ 14,134	\$ 3,534	\$ 17,668
	Auto/transportation @ 20%	\$ 8,324	\$ 2,081	\$ 10,405
Sub Total		\$ 212,354	\$ 227,273	\$ 439,626
Indirect Costs Capped at 10%		\$ 42,471	\$ 22,727	\$ 65,198
Total		\$ 254,824	\$ 250,000	\$ 504,824

Budget Narrative:

Service Coordinator: Non-Exempt positions, two Full Time, one Part Time for this program. Service Coordinators work directly with participants in all aspects of their recovery. They maintain records plus they identify and connect participants with community resources. Drug and Alcohol Certification is preferred.

Clinicians: Full Time Exempt positions with one at 78% and one at 20% for this program. Clinicians are mental health providers, providing assessments, individual and group therapy, progress notes, and data for the evaluation of program effectiveness. MSW, MFT or PhD required; experience in Co-Occurring Disorders required.

Program Supervisor: Oversees all aspect of the program. A Bachelors degree is preferred, a Substance Abuse Counseling Certificate required.

Food: All program participants get 3 meals plus a snack per day while with us. This program is being billed at 21% of that cost.

Auto/Transportation: This covers bus tokens and transportation by our vehicles.

NOTE: All costs not billed to this program are covered by other grants (personnel) or participants' per diem allocations supplied by the Veteran's Administration.

(Food/Supplies/Telcom/Insurance/Transport)

Sustainability:

In partnership with the National Coalition for Homeless Veterans and our colleagues in the California Association of Veteran Service Agencies (CAVSA), New Directions is working to educate the general public and policy makers about the vital importance of legislation that will fully underwrite the cost of care for our veterans. Legislation introduced several years ago will do just that, and today, with homeless and returning veterans' issues at the forefront, that legislation is being acted upon.

Two bills are currently pending in the U.S. Senate: *H.R. 4810, End Veteran Homelessness Act of 2010*, sponsored by Congressman Bob Filner, was passed by the House on March 22, 2010 and referred to the Senate Veterans Affairs Committee the next day. *H.R. 4810* eliminates the V.A.'s Grant Per Diem program and would instead reimburse grantees for the annual cost of services. *S. 1237, Homeless Veterans and Other Veterans Health Care Authorities Act of 2010*, sponsored by Senator Patty Murray, was reported favorably with amendments by the Senate Veterans Affairs Committee on April 29, 2010 and placed on the Senate Legislative Calendar the same day under General Orders.

Conclusion:

We feel that the New Directions Inc. pilot New Generations Program will be of special interest to the UniHealth Foundation because it is based in facilities and employs a model of service that UniHealth took the lead in making possible eight years ago. With your support, we can continue to take the lead in providing much needed program models that help men and women who served our country recover from trauma and go on to lead healthy and productive lives.